



Member & Non-Member affirms, acknowledges and attests that Member's mailing address, telephone number, cellular telephone number, and e-mail address provided to Bow Valley Athletic Club are accurate and were provided by Member & Non-Member voluntarily. Subject to applicable law, Member & Non-Member agrees that Bow Valley Athletic Club, including its agents and affiliates, may contact Member at any mailing address, phone number or e-mail address provided by Member & Non-Member to Bow Valley Athletic Club. I understand that I may receive information, promotions, appointment reminders & alerts from Bow Valley Athletic Club via SMS (short message service) text messages. I understand this program is completely voluntary and that text messaging rates & fees may apply as determined by my cellular provider. Bow Valley Athletic Club is in no way responsible for any fees charged to me by my cellular provider. If at any time I wish to discontinue receiving text messages from Bow Valley Athletic Club can reply STOP to any message. The Member agrees and acknowledges that he/she has carefully read this waiver and release, and fully understands it is a release of liability.